

Department of Family & Community Medicine

Social Work

St. Michael's Hospital
Academic Family Health Team
Youth Advisory Council



ST. MICHAEL'S
UNITY HEALTH TORONTO

Social Workers are located within each Family Health Team to provide short-term individual and group counselling, crisis support, resource/referral information, and advocacy support for patients of our Family Health Team. We work collaboratively with physicians, psychiatry, allied health, and learners to improve health outcomes across the life span with a focus on underserved populations. Issues addressed include family/relationship problems, grief, life stressors, chronic health concerns, trauma, abuse, mental health symptom management, income support, and gender/identity

SERVICES:

- Brief 1 to 1 counselling
- Group counselling and psychoeducational programs focusing on: trauma, anxiety, mood issues, social isolation, chronic pain management, self-esteem, emotion regulation, seniors support, and mindfulness.
- Psychoeducation/Information
- Referral to community or FHT supports and programs
- Brief case management
- Family supports



REFERRAL CRITERIA:

Patients must be rostered with one of our Family Health Teams

EXCLUSION CRITERIA:

Court mandated services, patients with access to benefits or financial means to access supports in the community.

REFERRAL PROCESS:

Patients are referred through our HUB model which provides access to all wellness supports using one form. These supports include addictions, social work, psychology, and income security services.

