

## What is the Income Security Health Promotion (ISHP) Service?

The ISHP is a free service offered by St. Michael's Academic Family Health Team. This service connects you with a Health Promoter who works with you to potentially:

- Increase income (to see if you are eligible for social benefits, verifying you are getting the right amount of benefits)
- Reduce expenses
- Improve financial literacy (better understand the programs and services that can help improve your financial situation)

This is done through the Health Promoter meeting with you for one-on-one meetings, workshops, and/or over the phone.

## SERVICES

- Advocacy and system navigation
- Help in applying for benefits and grants across the age spectrum
  - children to seniors (eg. Canada Child Benefit, Ontario Works, Employment Insurance, Old Age Security, Canada Pension Plan Retirement) as well as for people with disabilities (eg. ODSP, Canada Pension Plan Disability, Disability Tax Credit, Assistance for Children with Severe Disabilities Program)
- Help navigating bureaucracies associated with income support programs, benefits, and other related services
- Help in connecting with resources for medication/medical equipment related costs (eg. Trillium Drug Plan, Assistive Device Program)
- Referrals to organizations that offer free or discounted products and services (eg. increase access to basic needs - food, clothing, and quality of life needs)
- Providing free community tax clinic resources
- Connecting with community resources for help with other needs

## REFERRAL CRITERIA

Patients must be rostered with one of our Family Health Teams

