



Patient ID

Sleep Laboratory  
Room 6-020, Bond Wing  
30 Bond Street, Toronto, Ontario  
M5B 1W8  
tel: (416)864-5235  
fax: (416)864-5417

## Requisition for Sleep Study and Consultation

**Please inform patient to bring proof of Health Insurance Coverage and St. Michael's Hospital Card if they have one.**

**IMPORTANT:** Has a sleep study been done previously at St. Michael's Hospital or any other sleep laboratory?  
☐ No ☐ Yes If yes, list dates of last 2 studies: \_\_\_\_\_

**Please Note:** In an effort to reduce wait times, your patient may have their sleep study performed at an affiliated private sleep laboratory nearby; however, their sleep physician will remain the same. If you do not wish to have your patient studied at an affiliated sleep laboratory, please check here: ☐

St. Michael's Hospital has adopted a new Phone Automated Reminder System (PARS) which will systematically call patients to remind them of their upcoming appointments. If your patient does not wish to be contacted by this automated method, please check here: ☐

<b>REQUESTING PHYSICIAN</b>	Name (please print) _____		Additional copy of report to be sent to	Name (please print) _____	
	Mailing Address _____			Mailing Address _____	
	_____			_____	
	Telephone Number _____	Fax Number _____		Telephone Number _____	Fax Number _____

<b>CLINICAL INFORMATION RELEVANT TO TEST</b>	<b>Referral Request:</b> <input type="checkbox"/> Sleep study and consultation <input type="checkbox"/> Sleep study only <input type="checkbox"/> Consultation only		<b>Urgent Indications:</b> <input type="checkbox"/> Suspected <u>severe</u> OSA <input type="checkbox"/> Patient working in a safety critical occupation (e.g. bus driver, pilot, heavy machine operator, etc.) <input type="checkbox"/> Patient has one or more of the following co-morbidities: <ul style="list-style-type: none"> <li>• cardiac or cerebrovascular disease</li> <li>• refractory or uncontrolled hypertension</li> <li>• severe pulmonary disease</li> <li>• pulmonary hypertension</li> <li>• hypercapnia</li> <li>• pregnancy</li> </ul> <input type="checkbox"/> Pre-op screening request: Surgery date _____
	<b>Reason for Referral:</b> <input type="checkbox"/> Obstructive sleep apnea (OSA) / snoring <input type="checkbox"/> Insomnia <input type="checkbox"/> Restless legs <input type="checkbox"/> Excessive daytime sleepiness <input type="checkbox"/> Other: _____		
	<b>Special Needs:</b> _____		
	Is patient on oxygen? <input type="checkbox"/> No <input type="checkbox"/> Yes: L/m _____ <input type="checkbox"/> Night time only <input type="checkbox"/> Day and night Is patient on CPAP/BiPAP? <input type="checkbox"/> No <input type="checkbox"/> Yes: cmH2O _____		

_____ MD <i>Requesting Physician Signature</i>	Date of Request: _____ OHIP Billing Number: _____
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FOR HOSPITAL USE ONLY			
VISIT	DATE	TIME	INSTRUCTIONS FOR STAFF
Sleep Study			
Clinical F/U			