



Pulmonary Function Lab Rm. 6-020, Bond Wing 30 Bond Street, Toronto, Ontario M5B 1W8

Tel: (416) 864-5220 Fax: (416) 864-5417

Pulmonary FunctionTest Requisition

Please bring proof of Health Insurance Coverage and St. Michael's Hospital Card if you have one.

J#	Date of Birth				
	D M				
Name	Gender ○M○F				
Address					
Address	Daytime Phone				
Postal Code	Health Card No.				

	APPOINTMEN	NT		<u> </u>			
Date:			Does the patient understand English well enough to comprehend instructions?				
Time:		☐ Yes ☐ No	Yes No If No, ask patient to bring an interpreter				
	Name (please print)			Name (please print)			
REQUESTING PHYSICIAN	Mailing Address		Additional copy of	Mailing Address			
	OHIP Billing # CPSO #		report to be sent to				
	Telephone Number	Fax Number		Telephone Num	ber	Fax Number	
TEST(S) REQUESTED	□ Full Pulmonary Funct (Includes options A, B, Please check D or E if OR Individual options: □ A - Flow Volume Curve (including resting or □ B - Diffusion □ C - Lung Volumes □ D - Bronchodilator (Salbutamol inhaler 4p (unless FEV₁ & FEV₁/F □ E - Bronchodilator (Ipratropium inhaler 4 p (unless FEV₁ & FEV₁/F	☐ Resting C ☐ Exercise C ☐ 6 minute C ☐ Methacho ☐ Exercise I *Consider ☐ Stage 1 E ☐ MIP and M ☐ Home Oxy	Be Oximetry Room Air O₂ Ipm Oxygen Titration (if necessary) Die walk test Choline Challenge (see instructions on reverse) De Induced Asthma Test (see instructions on reverse)			lpm lpm cessary)	
Provisional Diagnosis							
Available Haemoglobin:g/l /g/Nonth / Year / If within 1 month of test.							
MD Date of Request: Requesting Physician Signature							

Form No. 61701 Rev. May02_2019

Instructions for Pulmonary Function Tests Please follow instructions for the specific test you are booked for.

FULL PULMONARY FUNCTION (flow volume, lung volumes & diffusion) & BRONCHODILATOR RESPONSE TEST

• No preparation required **OR** follow your doctor's instructions if provided.

METHACHOLINE CHALLENGE TEST

Please inform the Pulmonary Function Lab if you are **pregnant or nursing**, as we will need to reschedule your appointment.

Continue to take the following medications, as **usual**:

• Flovent, Pulmicort, Alvesco, QVAR, Asmanex, Arnuity, prednisone

Please **DO NOT TAKE** the following as indicated below:

Stop 8 Hours Prior to Test	Stop 48 Hours Prior to Test	Stop 1 Week Prior to Test		
Ventolin, Airomir	• Serevent (salmeterol xinafoate)	Spiriva (tiotropium		
(salbutamol)	 Oxeze (formoterol fumarate 	bromide monohydrate)		
 Bricanyl (terbutaline) 	dehydrate)	Seebri (glycopyrronium		
 Atrovent (ipratropium 	• Symbicort (budesonide/	bromide)		
bromide)	formoterol fumarte dehydrate)	Tudorza (aclidinium		
 Combivent Respirat 	• Advair (fluticasone propionate/	bromide)		
(ipratropium bromide/	salmeterol xinafoate)	 Anoro (umeclidinium/ 		
salbutamol)	 Onbrez (indacaterol maleate) 	vilanterol)		
	 Breo (fluticasone furoate/ 	 Ultibro (indacaterol/ 		
	vilanterol)	glycopyrronium)		
NO CAFFEINATED	• Foradil (formoterol)	• Incruse (umeclidinium)		
FOODS OR BEVERAGES	• Zenhale (mometasone/	Duaklir Genuair		
ON DAY OF TEST (i.e.	formoterol)	(aclidinium/formoterol)		
coffee, tea, cola, chocolate,	 Accolate (zafirlukast) 	Inspiolto Respimat		
energy drinks)	• Singulair (montelukast)	(tiotropium/ olodaterol)		
	Antihistamines			

EXERCISE INDUCED ASTHMA TEST

- Bring or wear loose-fitting clothing (i.e. shorts or jogging pants) and rubber soled shoes
- Follow Methacholine Challenge Test Instructions

STAGE 1 PULMONARY EXERCISE TEST

- **DO NOT** consume alcohol for 24 hours prior to test
- Have a **light meal** (i.e. glass of juice & toast) on test day. **Stop** foods 2 hours prior to test
- Bring or wear loose-fitting clothing (i.e. shorts or jogging pants) and rubber soled shoes
- **DO NOT** heavily exert yourself the day of the test
- If you have a cold or fever or do not feel well please contact us, as we may rebook your appointment
- Continue to take heart (i.e. beta-blockers) and blood pressure medications as usual.

HIGH ALTITUDE SIMULATION TEST (HAST)

No preparation required. Continue oxygen use as prescribed, and bring your portable oxygen device (if you have one) to the appointment.

If you are unwell and feel you need your medication, take it and let us know at the appointment