

Providence Healthcare Services – Referral Guide

In-Patient Rehabilitation ** Referrals must be completed by a physician and/or NP*

*Geriatric and Medical, Orthopaedic and Amputee, Stroke and Neuro	<ul style="list-style-type: none"> Specialized, time-limited, programs post hospitalization or acute functional change Inter-professional teams including Nurses, Occupational Therapists, Physiotherapists, Therapeutic Recreationists, Social Workers, Dietitians, Speech Language Pathologists, Pharmacists and Physicians (Physiatry, Geriatrician, Geriatric Psychiatry consult available). Follow referral pathway for diagnosis Eg. RM&R/eStroke or GTA Rehab Network Referral form
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Hospital-Based Outpatient Rehabilitation ** Referrals must be completed by a physician and/or NP*

*Falls Prevention Clinic	<ul style="list-style-type: none"> Out-patient rehab for individuals with a functional loss and identifiable rehabilitation goals. Services include occupational therapy and physiotherapy, social work, pharmacy, and dietician Usual program is 6 weeks, 1x/week with homework; program is individualized to each patient Geriatric Medicine consult is available if identified as needed on initial assessment <p>Exclusion Criteria</p> <ul style="list-style-type: none"> Client has been referred to or is receiving other public OT or PT treatment or is in LTC Patients who require more than 1 person assistance to mobilize Patients with impaired cognition such that they are unable to reliably follow instruction
*Orthopaedic and Amputee Program	<ul style="list-style-type: none"> Out-patient rehab for individuals with an acute musculoskeletal diagnosis (within 6 months) Services include occupational therapy, physiotherapy and nursing Common clients; those with fractures, joint replacements and lower extremity amputations <p>Exclusion Criteria</p> <ul style="list-style-type: none"> Client has been referred to or is receiving other public OT or PT treatment or is in LTC Patients who require more than 1 person assistance to mobilize Has already received rehabilitation for current diagnosis.
*Amputee Clinic	<ul style="list-style-type: none"> Physician led multidisciplinary out-patient clinic (occupational therapy, physiotherapy, nursing and physician) for individuals who want to be considered for a lower extremity prosthetic. For individuals with recent amputation or remote lower extremity amputation plus discontinued contact with previous amputee service
*Stroke and Neuro Program	<ul style="list-style-type: none"> Out-patient rehab for individuals with an acute stroke/neurological diagnosis (within 6 months) Time limited, goal driven therapy to achieve functional gains. Services include occupational therapy, physiotherapy, speech language pathology, social work, therapeutic recreation and nursing <p>Exclusion Criteria</p> <ul style="list-style-type: none"> Client has been referred to or is receiving community stroke pathway services or is in LTC Has already received rehabilitation for current diagnosis.

Specialized Geriatric Services ** Referrals must be completed by a physician and/or NP*

***Referrals must fall in catchment <https://rgptoronto.ca/services/map/>*

*, **Geriatric Medicine	<ul style="list-style-type: none"> Comprehensive assessment by a geriatrician (nursing and pharmacy included) Common referral reasons: complex medical problems and polypharmacy, cognitive impairment, functional decline, frailty 	<p>Exclusion Criteria</p> <ul style="list-style-type: none"> Under 65 without comprehensive geriatric conditions or with mental health condition without complications related to aging Those requiring acute or emergency medical services Those outside our catchment
*, **Geriatric Psychiatry Clinic	<ul style="list-style-type: none"> Assessment and consultation by a geriatric psychiatrist Home visits may be arranged for homebound individuals Common referral reasons: depression, anxiety, agitation, aggression, delusions, hallucinations 	
**Community Outreach	<ul style="list-style-type: none"> Comprehensive inter-professional home-based assessment with recommendations or community referrals made (team includes Occupational Therapist, Social Worker and Pharmacist access) Appropriate for geriatric clients with multiple complex medical, functional, and psycho-social conditions who have had a recent functional decline or are struggling in the community 	