

## CT Scan Scheduling Notification

ST. MICHAEL'S HOSPITAL  
30 Bond St., Toronto, Ontario M5B 1W8  
Medical Imaging - 3rd floor - Cardinal Carter Wing- CT Department

\*\*\* DOCTOR'S OFFICE-PLEASE FORWARD THIS TO THE PATIENT AS NOTIFICATION  
OF THEIR APPOINTMENT- \*\*

Appointment for:

(Please arrive 15 minutes prior to your appointment to check in)

Patient:

Procedure: CT Scan

Ordering MD:

Comments:

To change or cancel your appointment, please call 416-864-6060 ext. 3183 between 8 am to 4 pm or fax this notification with the reason for rebooking or cancellation to 416-864-3019

Please be advised that cancellation of this appointment is discouraged. Due to a high volume of requests, a longer waiting period may result. We do not keep a cancellation list.

Physicians requesting an earlier appointment date must fax additional medical history and diagnosis to 416-864-3031 to support the request.

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1. Patients with diabetes or renal dysfunction (excluding kidney stones) must have a serum creatinine blood test done within 6 months prior to the CT. Failure will result in cancellation of the exam. Please bring lab results to your appointment or have the lab fax the results to 416-864-3031.

*Due to high patient volumes, your appointment may be rescheduled if you do not have serum creatinine results at the time of your appointment.*

2. IV iodine Contrast (CT dye) will be administered during this exam. If you have a known allergy to CT dye you will need to be pre-medicated with the following regiment:
  - a) Prednisone 50mg PO -13 hours, 6 hours and 1 hour prior to the exam.
  - b) Benadryl 50mg PO - 1 hour prior to the exam.

*For your own safety, your appointment will be rescheduled if you have not taken the premedication regiment prior to your appointment.*

3. Please arrive at time of appointment.
4. Do not exercise on the morning of the exam.
5. Do not consume any coffee, tea, caffeinated beverages (including "decaffeinated" beverages as they contain some caffeine) or soft drinks for 12 hours prior to the exam.
6. You may eat breakfast but avoid sugar and caffeine.
7. Drink 2-3 glasses of water 2-3 hours prior to your appointment.
  - a. *Fluid restricted patients- if you have been advised to follow a daily fluid restriction, please check with your physician and/or dietitian prior to your appointment*
8. Medication can be taken as usual.
9. You may resume normal activities after the CT scan. Drink 5-6 glasses of water after the procedure.
10. Patients that need translation, cognitive, or mobility assistance may bring an essential care partner. Please wear loose and comfortable clothing without metal zippers, buttons, or clasps to your appointment. You will change into a hospital gown prior to your procedure.