

Patient Information: Transcatheter Aortic Valve Replacement Procedure

Patient's Name:

Target Procedure Date:

Arrival Time:

Procedure Time:

Instructions for the Day of the Procedure

- ♥ You must fast from midnight (12:00am) the night prior to the procedure – nothing to eat or drink, including water and gum/candy.
- ♥ Bring comfort items (slippers, tooth brush, robe, etc); leave valuables at home or with friends/family.
- ♥ Please arrange for someone to drive you home when are discharged, you will NOT be able to drive yourself.
- ♥ If you use a CPAP machine at home, please bring it with you on the day of your procedure.
- ♥ Before your procedure, if you feel unwell i.e. fever, cough stomach upset or begin taking antibiotics, please call us for further instructions.

Medication Instructions

- ♥ Take your morning medication as usual with a small sip of water, unless otherwise instructed.
- ♥ DO NOT take your diabetic medications i.e. pills (such as metformin, glyburide) or insulin injections.
- ♥ Please bring all your medication with you, in original containers.
- ♥ If you take blood thinning medication, such as Warfarin (Coumadin), Dabigatran (Pradaxa), Rivaroxaban (Xarelto) or Apixaban (Eliquis), you will be instructed when to stop this medication prior to your procedure. Please continue taking your Aspirin (ASA), Clopidogrel (Plavix), and Ticagrelor (Brilinta).

Following the Procedure

- ♥ You will be spending at least one night in the hospital, with discharge generally planned for 11:00am the following day.
- ♥ Please arrange to have support available during your first week post procedure if needed. If you live alone consider staying with family or friends or having someone stay with you.
- ♥ At discharge, your nurse will review the post-operative care instructions. A written copy of these instructions are also attached to the email about your procedure.

Follow-Up

- ♥ Please book an appointment to see your family doctor 1-2 weeks after you have your valve replacement.
- ♥ Please book an appointment to see your general cardiologist approx. 6 weeks after valve replacement.
- ♥ You will be seen in the Structural Heart Clinic in 3 months with Echocardiogram. The details of this appointment will be mailed to you.

If you have any questions, please contact us:

Jennifer Holmes Care and Transitions Facilitator RN – Structural Heart Program

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