

FAMILY MEDICINE/ URBAN FAMILY HEALTH TEAM, ST JOE'S – JULY UPDATES

We hope you and your family are keeping well, are enjoying the summer and have the opportunity to get some outdoor activities or travel locally to admire beautiful surroundings as we move into stage two of the provincial government's re-opening plan. Through our St Joe's Vaccine clinics and Homebound initiatives, our team has contributed to an incredible amount of work in getting our west end community vaccinated and moving us closer to ending this pandemic. The last day of our Unity Health COVID-19 vaccination clinics at St. Michael's, St. Joseph's and Providence will be on Friday, July 30, 2021.

Please remember, whether or not you have received the vaccine, it continues to be important to wash your hands frequently, maintain a safe distance from those you do not live with, and consistently wear a mask when you are in public. Please look after each other while enjoying outdoor activities.



Get your second Dose!

We understand the information around vaccines is constantly changing and can be confusing. However, it is very important to get your second COVID-19 vaccine, regardless of which one is offered to you. Getting your second dose will ensure the best levels of protection from COVID-19.

The Pfizer and Moderna vaccines are mRNA vaccines, and are very similar in how they work and how effective they are against

COVID-19. In clinical trials, they showed almost the exact same efficacy after one dose and two doses.

If you have any further questions regarding the vaccine, its side effects, or if you have concerns about getting the vaccine, you can call at 416-530-6860 to speak with our clinical pharmacist.

Still looking to book a COVID-19 vaccine? First and second dose appointments are available at some hospital and Ontario Health Team (OHT) clinics through: <https://vaccineto.ca/landing>

Already vaccinated? Please call us at 416-530-6860 to let us know if you already received the COVID vaccine. This will help us in keeping your health records up to date.

Vaccines, Variants, Wellness and Reaching a New Normal

Please join our upcoming Patient Town Hall on Tuesday, July 13 – 7 to 8:30pm via zoom

In collaboration with St Mike's AFHT we will host our next virtual Patient Town Hall! Our panel will include family physicians, a social worker and an Infectious Disease Specialist. We'll provide an update on Ontario's reopening plan and how we're doing. We will also spend some time talking about mental health and wellness. And of course, we'll be talking about variants and vaccines. More importantly, we will be answering your questions.

Panelists:

- Alyssa Swartz, Social Worker
- Dr. Darrel Tan, Infectious Disease Specialist
- Dr. Lauren Welsh, Family Physician
- Dr. Linda Weber, Family Physician
- Dr. Yuliya Rackal, Family Physician
- Moderator: Dr. Tara Kiran, Family Physician

Register in advance here:

https://ca01web.zoom.us/webinar/register/WN_iojMURLgRjOymdcjKg31sw

Essential Care Partners (ECPs)- Step 2

On July 5, Unity Health Toronto moved into **Step 2** of our phased approach to reopening our hospitals to Essential Care Partners (ECPs) in accordance with guidelines from the Toronto Region.

For us this means that **infants** (children 0 -12 months) may have two ECPs accompany infant to their in-person clinic appointment. This includes accessing the clinic and being present for in-person appointment with appropriate PPE.

Pre-Natal In-person Appointments patient may have one ECP to support patient coming in for diagnostic tests (i.e. ultrasound) or to their consultative in-person appointments.

One ECP may accompany patient to their in-person outpatient appointment if essential e.g. significant mobility, cognitive, significant language barrier, < 18yrs, intellectual/developmental disability.

St Joe's is 100 years!

This year St. Joseph's Health Centre turns 100 years old and together with you, we celebrate a century of exemplary care. We are incredibly proud of our rich and honourable past. Please enjoy the archival photos and learn from our history, go to: <https://unityhealth.to/about-unity-health/media-room/st-joes-100th/>

City of Toronto construction around St. Joe's -Update

The City of Toronto and the Toronto Transit Commission (TTC) began construction near St. Joseph's Health Centre continues till the Fall of 2022 and will impact intersection traffic, pedestrian routes and TTC functions around the hospital. The work will occur in the following locations:

1. The King Street West, Queen Street West, The Queensway and Roncesvalles Ave (KQQR) Intersection – Feb to July/21
2. The Queensway from Parkside Drive to Roncesvalles Ave, including The Queensway Bridge – Jul/21 to Apr/22

Construction schedules are always subject to change so the dates outlined above are tentative. The City of Toronto's webpage, <http://toronto.ca/kqqr> will have up-to-date information on any traffic, public transit or pedestrian route impacts to support your visit to the hospital. **Please plan ahead to ensure you give yourself enough time to travel to your appointment.**

We Are Here for You!

Please check out our newly revamped Unity Health Website at: www.unityhealth.to/urbanfht

Should you have any questions or concerns about your health, please call us at 416-530-6860 Monday to Friday from 9:00 to 17:00hrs.

Have a Wonderful Summer !!!

St Joe's Family Medicine/
Urban Family Health Team

