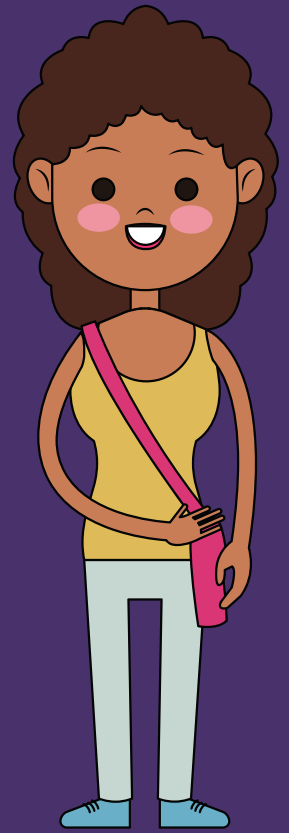


ELEMENTS OF YOUTH - FRIENDLY PRIMARY CARE



1 AUTONOMOUS & CONFIDENTIAL

Youth can attend appointments without the knowledge of their parents, and can make their own treatment decisions, if they have reached a level of maturity to appreciate the nature and consequences of those decisions.

2 NON-JUDGEMENTAL

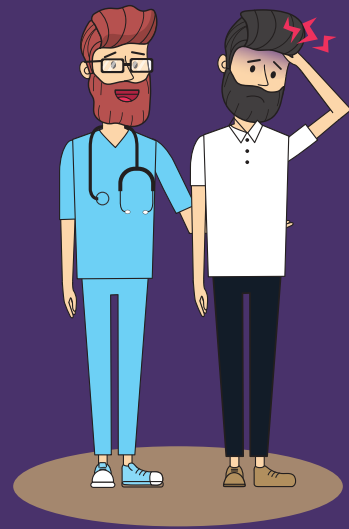
Youth and young adults are accepted for who they are and where they are at with respect to their perspectives on their own health.

3 "NO PRESSURE"

Youth and young adults are encouraged to bring issues to the provider when they are ready to do so, even if it means coming to multiple appointments before disclosing their main concern.

4 BUILD TRUST

Providers are open, honest and work to build and maintain trust, recognizing that privacy and confidentiality are particularly important.



5 ACCESSIBLE

Drop-in/same day and weekend and evening appointments are often available to enable accessibility. Online booking is ideally available and patients can communicate electronically with their providers.



6 ADVOCACY

Advocacy for low cost or compassionate medications/immunizations, and assistance navigating OHIP may be helpful.



7 APPROACHABLE

Providers are seen as being approachable by youth and young adults. Providers relate to them - they may identify as being from the same community or share in similar experiences.

8 BREADTH OF SERVICES

Enhanced services, knowledge and skills that meet the needs of LGBTQ2S, newcomer and racialized youth and young adults. On-site services such as community programs, pharmacy, counselling, lab and STI testing are also highly valued.



Providers interested in advice and/or training on how to create a youth-friendly primary care practice should email Planned Parenthood Toronto at cdobinson@ppt.on.ca

