

CHILDBIRTH PREPARATION CLASSES

These five week prenatal classes will help prepare parents for the physical and emotional aspects of labour, birth, breastfeeding and newborn care. Active participation and practice of various coping techniques.

FEE: \$165.00

How to register: Please fill in the form below along with a cheque* or money order for the fee (payable to St. Joseph's Health Centre), and mail to

Childbirth & Parenting Services
St. Joseph's Health Centre
30 The Queensway
Toronto, Ontario M6R 1B5

Confirmation of registration will be emailed. Before start date, Zoom access code will be emailed.

*Post-dated cheques will be accepted ONLY if previously authorized.

REGISTRATION FORM

I would like to register for the four classes starting on:

Last Name:

First Name:

Street:

Apt #:

City/Town:

Postal Code:

Home phone #:

Work #:

Cell #:

E-mail:

Name of support person:

Your Doctor's/Midwife's Name:

Your Due Date:

Please indicate your first and second choices. I prefer to attend classes on:

- Monday Tuesday Wednesday Thursday No preference

For Office Use CPC List Confirm

Please note: Full refund of registration fees will be granted only if notice of cancellation is received 3 WEEKS prior to the start of classes.

Generously supported by the Sprott Foundation