

## Respite Services

Respite services can look different for everyone. Leaving the hospital to go back home may be an overwhelming or difficult process for some individuals who are recovering from a surgery or other medical problems. A respite stay at a senior living residence offers seniors assistance with daily tasks as they regain strength to live independently at home again. Respite services are also available for family members or caregivers who need or would like a break from caregiving duties. Respite caregivers can come to your home and temporarily take over caregiving duties.

### *Respite Stay*

#### **Heritage House Mississauga**

**Services Provided:** 24-hour call bell, emergency response, and registered nursing and Personal Support Worker staff. Weekly housekeeping and laundry services, as well as daily bed-making and towel service.

**Location:** 73 King Street West, Mississauga, ON, L5B 1H1. Located adjacent to the historic four corners of Cooksville, Dundas Street and Hurontario.

**Cost:** \$95/day + HST. Personal care from PSW staff is available on a fee for service basis. Pricing and services are subject to change without prior notice.

**Contact Information:**

Website: <http://www.heritagehousemississauga.com/lifestyles/respite-accomodation>

Phone: 905-279-4800

#### **Etobicoke Services for Seniors – Caring Centre**

**Services Provided:** Individuals receive around-the-clock care and support through a Personal Support Worker. Fully-furnished apartments with all of the conveniences of home: a kitchenette, shared dining and living space, private and semi-private bedrooms and an accessible washroom.

**Location:** 15 King Street, York, ON, M9N 3X1.

**Cost:** \$66/day for a private room and \$55/day for a semi-private room. Subsidies may be available for eligible participants.

**Contact Information:**

Website: [www.esssupportservices.ca/km\\_services/overnight-respite/](http://www.esssupportservices.ca/km_services/overnight-respite/)

Phone: 416-243-0127 ext. 503

### **Amica City Centre**

**Services Provided:** Accommodation in a private, fully furnished suite with three meals and snacks daily. Daily/weekly housekeeping, laundry, and care/support services (e.g. bathing, dressing, medication management) also available.

**Location:** 380 Princess Royal Drive, Mississauga, ON, L5B 4M9. Located near the Oakville border in one of Mississauga's most popular residential neighbourhoods.

**Cost:** Fees vary by accommodation.

**Contact Information:**

Website: [www.amica.ca/city-centre](http://www.amica.ca/city-centre)

Phone: 905-803-8100

### **Amica Erin Mills**

**Services Provided:** Accommodation in a private, fully furnished suite with three meals and snacks daily. Daily/weekly housekeeping, laundry, and care/support services (e.g. bathing, dressing, medication management) also available.

**Location:** 4620 Kimbermount Avenue, Mississauga, ON, L5M 5W5. Located in the heart of downtown Mississauga near Square One Shopping Centre.

**Cost:** Fees vary by accommodation.

**Contact Information:**

Website: [www.amica.ca/erin-mills](http://www.amica.ca/erin-mills)

Phone: 905-816-9163

### **Revera Kingsway**

**Services Provided:** 24-hour staffing and specialized support for personal care, medication administration, pain and symptom management, skin care, and more.

**Location:** 4251 Dundas St W, Etobicoke, ON, M8X 2Z5. Located in the historic Kingsway neighbourhood in Etobicoke.

**Cost:** Fees vary by accommodation.

**Contact Information:**

Website: [www.reveraliving.com/en/live-with-us/ontario/etobicoke/kingsway](http://www.reveraliving.com/en/live-with-us/ontario/etobicoke/kingsway)

Phone: 1-877-929-9222

## **Revera Centennial Park Place**

**Services Provided:** 24-hour staffing and specialized support for personal care, medication administration, pain and symptom management, skin care, and more.

**Location:** 725 Centennial Park Rd, Etobicoke, ON, M9C 5H1. Located in a mature neighbourhood and park-like setting in Etobicoke.

**Cost:** Fees vary by accommodation.

**Contact Information:**

Website: [www.reveraliving.com/en/live-with-us/ontario/etobicoke/centennial-park-place](http://www.reveraliving.com/en/live-with-us/ontario/etobicoke/centennial-park-place)

Phone: 1-877-929-9222

## **Chartwell Grenadier Assisted Living**

**Services Provided:** Assisted living suites with an on-site nurse practitioner. Customized care plans are available to residents to assist them with activities of daily living or medication monitoring, with the flexibility to add or remove services as needed.

**Location:** 2100 Bloor Street West, Toronto, ON, M6S 1M7. Located in the heart of Toronto's High Park neighbourhood.

**Cost:** Ranges from \$99 to \$150 per night depending on care needs.

**Contact Information:**

Website: <https://chartwell.com/en/retirement-residences/chartwell-grenadier-assisted-living/overview>

Phone: 647-429-7979

## **Richview Care Centre**

**Services Provided:** A customized and decorated two-bedroom apartment which provides intensive personal support. The apartment is fully equipped with electric beds and chairs, kitchen, and walk in shower. The unit is staffed by a PSW in the morning and evening.

**Location:** 1540 Kipling Ave, Etobicoke, ON, M9R 4C6.

**Cost:** \$40/day.

**Contact Information:**

Website: [www.rccsc.org/care-centre/](http://www.rccsc.org/care-centre/)

Phone: 647-344-2734

E-mail: [lmudie@richviewresidence.org](mailto:lmudie@richviewresidence.org)

## **Sunrise of Mississauga**

**Services Provided:** They offer a 30-day Road Home Program, specifically designed for individuals leaving from a hospital or rehabilitation center. The Road Home Program provides nursing and rehabilitation assistance such as medication management and around-the-clock care.

**Location:** 1279 Burnhamthorpe Rd East, Mississauga, ON, L4Y 3V7.

**Cost:** Fees vary by accommodation.

**Contact Information:**

Website: [www.sunriseseniorliving.com/communities/sunrise-of-mississauga/about.aspx](http://www.sunriseseniorliving.com/communities/sunrise-of-mississauga/about.aspx)

Phone: 705-300-0080

## **Pine Villa**

**Services Provided:** Case management for coordination of health-related services and to support transitions to a permanent residence, assistance with personal care and medication, housekeeping and laundry, as well as daily meals.

**Location:** 1035 Eglinton Avenue West, Toronto, ON, M6C 2C8.

**Cost:** Fees vary by accommodation.

**Contact Information:**

Website: [www.pinevilla.ca](http://www.pinevilla.ca)

Phone: 416-787-4538

## *Respite Care*

### **West Toronto Support Services**

**Services Provided:** Home/Personal Support Workers can provide caregiver relief, provide personal care as needed, and prepare simple meals.

**Eligibility:** Adults 55 years of age or older or adults between 30-54 years of age with a longstanding disability, who live in their service area of West Toronto.

**Cost:** Service fees may vary.

**Contact Information:**

Website: [www.wtss.org/services/respice-care/](http://www.wtss.org/services/respice-care/)

Phone (Bloor Site): 416-653-3535

Phone (Weston/Mt. Dennis Site): 416-249-7946

## **Etobicoke Services for Seniors**

**Services Provided:** Personal Support Workers can provide services including personal care, light home making, meal preparation, and medication assistance.

**Eligibility:** Seniors and older adults with disabilities living in Etobicoke.

**Cost:** \$22/hour. Graduated fee schedules are in place for individuals that are facing financial constraints.

**Contact Information:**

Website: [www.esssupportservices.ca/km\\_services/in-home-respite/](http://www.esssupportservices.ca/km_services/in-home-respite/)

Phone: 416-243-0127 ext. 503

## **Home Instead Senior Care**

**Services Provided:** CAREGivers<sup>SM</sup> are available 24 hours, 7 days a week to provide caregiving services.

**Eligibility:** Seniors living in the Toronto area.

**Cost:** Service fees may vary.

**Contact Information:**

Website: [www.homeinstead.ca/3016/home-care-services/senior-care/respice-care](http://www.homeinstead.ca/3016/home-care-services/senior-care/respice-care)

Phone: 416-972-5096

## **West Neighbourhood House**

**Services Provided:** Provides a range of respite services from 7 AM to 9 PM including personal care, caregiver relief, light housekeeping, and light meal preparation.

**Eligibility:** Older adults (55 years of age and over) whose illness, physical disability or frailty, isolation or mental frailty threatens their ability to live on their own; adults under 55 years of age who are recipients of Ontario Disability Support Program (ODSP); caregivers who provide care and support to a family members. Service area is Bloor Street to Lake Ontario, Roncesvalles Avenue to Yonge Street.

**Cost:** Respite is \$15.60/hour (minimum 2 hours visit) and private respite is \$28.10/hour (minimum 2 hours visit).

**Contact Information:**

Website: [www.westnh.org/programs-and-resources/seniors/home-support-services/](http://www.westnh.org/programs-and-resources/seniors/home-support-services/)

Phone: 416-532-4828 ext. 146

## **Circle of Care**

**Services Provided:** Personal Support Workers can provide services including bathing, grooming and toileting, as well as light housekeeping and laundry, and shopping or meal preparation.

**Eligibility:** Service area is Steeles Ave to Bloor-Danforth, and from the 427 to the Scarborough-Pickering Townline.

**Cost:** Fees range from \$29 - \$31.50/hour. Subsidized service rates may be available.

**Contact Information:**

Website: [www.circleofcare.com/respite/](http://www.circleofcare.com/respite/)

Phone: 416-635-2860

## **CANES Community Care**

**Services Provided:** Personal Support Workers provide homemaking and personal care services.

**Eligibility:** Any senior 55+ who requires assistance throughout their day and receives care from a family member or other caregiver. Must live in the Etobicoke, Brampton, Malton or Woodbridge areas.

**Cost:** Fees may vary; visits must be a minimum of 2 hours in length. Subsidies may be available.

**Contact Information:**

Website: [www.canes.on.ca/services/respice-care](http://www.canes.on.ca/services/respice-care)

Phone: 416-743-3892