



## Free and Low Cost Services

Updated May, 2024

### Ontario Seniors Dental Program

To be eligible, you must be aged 65 or older, your income must be \$22,200 or less, or \$37,100 for a couple.

Covers check-ups, cavities, tooth repair, x-rays, anesthesia, tooth infection, gum conditions, and partial coverage of dentures, anesthesia.

You must apply. For more info, go to:

<https://www.ontario.ca/page/dental-care-low-income-seniors>

Or call 416 916 0204

### Toronto Seniors Dental Program

To be eligible, you must be aged 65 or older, and the income cutoff is \$27,000 for single person.

There is no application process. For more information, go to:

<https://www.toronto.ca/community-people/health-wellness-care/health-programs-advice/dental-and-oral-health-services/dental-clinics/>

Or call public health: 416-338-7600

### Canadian Dental Care Plan

Brand new plan offered by the Government of Canada that will cover many of your dental expenses.

If your family net income is less than \$90,000 per year, and you have no access to private dental insurance, you are likely eligible

Seniors over the age of 65, adults with a valid Disability Tax Credit certificate and children under 18 are eligible to apply in 2024.

People between ages 19 and 64 will be able to apply starting in 2025.

Many dental services will be covered including: teeth cleaning, exams, x-rays, teeth extractions, filings, root canals, crowns, dentures, and more

For more information, call: **1-833-537-4342** or visit

<https://www.canada.ca/en/services/benefits/dental/dental-care-plan.html>

## Ontario Drug Program for Seniors

When you turn 65 you will automatic qualify.

It covers prescription medication, and also some other products such as diabetic supplies.

There is a yearly \$100 deductible plus you can be charged up to \$6 per prescription

If you income is less than \$22,200, or \$37,100 as a couple, you can have the \$100 deductible waved, and just pay up to \$2 per prescription. Call 416-503-4586 to get an application for the seniors co-payment program or visit:

<https://www.ontario.ca/page/get-coverage-prescription-drugs>

## TTC

**Fair Pass TTC Discount program** – 36% off single fares, and 21% off monthly pass.

**For people age 20-64** who are low income. You will need a presto card. For those on ODSP or OW, you will also need your OW or ODSP number to apply.

You can apply online at:

<https://www.ttc.ca/Fares-and-passes/Other-passes/Fair-Pass-Transit-Discount-Program>

Or by phone: 416-338-8888

Note: seniors over the age of 65 are not eligible for this program, as they are automatically eligible for the seniors TTC discount.

## Internet and Phone

### **Rogers Connected for Success**

Internet services as low as \$10 per month (you can also get a bundled plan with cable).

Mobile phone service for just \$25 per month. They will also give you a free smart phone as long as you stick with the plan for at least 2 years.

To be eligible, you must be on OW, ODSP, RGI housing, receiving the GIS, or the Resettlement Assistance Program:

<https://www.rogers.com/connected-for-success/>

Call: 1 866 689 0758

## Gift of Sight Program

If you need new eyeglasses

A worker at any agency can write a letter confirming you are low income and need new glasses.

Take this letter to any 'Lenscrafters' store and you will be given new glasses, free of charge.

If you also need your eyes tested, the Lenscrafters in the Eaton Centre will make you an appointment, free of charge.

## Help with Utility Bills

### **Emergency Energy Fund (EEF)**

Low-income Toronto residents may qualify for help from the City of Toronto with energy-related emergencies to reconnect, prevent disconnection or to assist in the payment of energy arrears for hydro services.

For more information, call Neighbourhood Information Post at 647-727-8988

### **Ontario Electricity Support Program (OESP)**

OESP provides a monthly bill credit (discount) on your electrical bill to those who qualify.

Apply online here: <https://ontarioelectricitysupport.ca/> or call 211 to find an agency that can help you with the application

### **Low-income Energy Assistance Program (LEAP)**

LEAP is a grant program that helps those who are struggling to pay past-due utility bills or have received a disconnection notice. It offers a maximum grant of \$500 per household per year (\$600 for electrically heated homes).

For more information go here: <https://www.saveonenergy.ca/For-Your-Home/Energy-Affordability-Program>

Or call 1 844 770 3148

## **Help with costs of medical items**

**The Assistive Devices Program** helps people with long-term physical disabilities pay for customized medical equipment, such as:

mobility aids, hearing aids, diabetic equipment, respiratory equipment, communication aids, custom orthotic braces, compression garments, ostomy supplies, and more.

For more information go to: <https://www.ontario.ca/page/assistive-devices-program> or call 416 327 8804

**The Toronto Hardship fund** can pay for certain health-related expenses for low income people, such as: eyeglasses, funeral expenses, braces and splints, blood pressure monitors, custom orthotics, and more.

For more information, go to: <https://www.toronto.ca/community-people/employment-social-support/health-support/?accordion=help-with-health-related-expenses-for-low-income-residents> or call 416 388 8888

Note: for people on OW or ODSP, you can apply for financial coverage for medical devices through your worker. You do not need to apply directly to the Assistive Devices Program nor the Toronto Hardship fund.

## Free computers for low income people

Lets Get Together is a charitable organization that supplies free computers to low income people. For information on how to apply, go to:

<https://www.letsgettogether.ca/> r call: 416 302-8349

## Welcome Policy

a fee subsidy to help individuals and families who live in Toronto participate in City recreation programs (eg: sports, art, music, children's programs..).

Eligible residents will receive an annual individual credit amount that can be used for recreation programs offered at Toronto Community Recreation Centres

For more information call 416 338 8888 or got to:

<https://www.toronto.ca/community-people/employment-social-support/child-family-support/welcome-policy-recreation-fee-subsidy/>