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# Employment Insurance 

Last updated March 2024

Employment Insurance (EI) allows individuals who have recently lost a job through no fault of their own, or have had to leave their job temporarily for specific reasons (for eg having a baby, looking after a sick loved one), to temporarily receive financial assistance.

## There are 4 different kinds of El benefits:

## Regular benefits

## Sickness benefits

Maternity and Parental benefits
Caregiver benefits

All of these provide you with $55 \%$ of your previous gross work income, for a specific period of time, and up to a maximum of $\$ 668$ a week.

## El regular benefits

- Provides financial assistance to people who lose their job through no fault of their own (for eg through layoff)
- To qualify you must:
- Have worked the required number of hours in the last year (between 420 and 700 hours depending on where you live)
- Be ready willing and able to work
- Be actively looking for work

You can receive it for up to a maximum of 45 weeks

## Other kinds of El benefits

Note: for all of the following, you need to have worked at least 600 hours in the last year to qualify.

## Maternity Benefits

If you need to take time off because you are pregnant or recently gave birth. Maximum 15 weeks.

## Parental Benefits

Parent who needs to take care of a newly born or newly adopted child. Maximum 40 weeks

- Can be extended up to 69 weeks, but then one get less money each week)
- Can be shared between two parents, though one parent cannot receive more than 35 weeks of benefits


## Family Caregiver benefit for children

- If you need to take time off work to provide care for a critically ill or injured family member under age of 18
- Maximum 35 weeks


## Family Caregiver benefit for adults

- If you need to take time off work to provide care for a critically ill or injured family member over the age of 18
- Maximum 15 weeks


## Compassionate Care

- If you need to take time off work to provide end of life care to a family member
- Maximum 26 weeks

Note: 'family member' can also refer to someone who is like a family member (not a relative but someone the caregiver has a very close relationship with).

## Sickness Benefits

- If you are unable to work for medical reasons
- Maximum 26 weeks


## Family Supplement

If you have children, and are low income, this supplement increases your El benefits to up to $80 \%$ of your previous gross work income (to a maximum of $\$ 650$ per week).

- To qualify, family net income cannot be more than $\$ 25,921$ per year


## For more information on El including how to apply:

You can apply online here:
https://www.canada.ca/en/services/benefits/privacy-notice.html
Or call the number below for a paper application.
For more information:

## Employment Insurance

Call 1-800-206-7218
Or visit https://www.canada.ca/en/services/benefits/ei.html

