



**St. Michael's Hospital  
Medical Imaging**  
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Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_

**Abdomen / Doppler Abdomen & Renal Artery / Doppler Portal Vein**

**\*Morning Appointment:**

Nothing to eat or drink after midnight

**\*Afternoon Appointment:**

May have a light breakfast (cup of black tea or coffee with two slices of dry toast) no later than 8:00 AM

*Nothing to eat or drink after 8:00am*

\*If you are diabetic you can have one piece of dry toast and one glass of juice before a morning exam, if your exam is in the afternoon you may have a light low or no fat diet. Please inform the booking department if you are diabetic, we will try to accommodate morning appointments.

\*Oral medications can be taken with a small amount of water

\*Do not smoke or chew gum prior to your exam

**Abdomen / Pelvis**

Same preparation as **Abdomen / Doppler Abdomen & Renal Artery / Doppler Portal Vein**

**And** please do not empty your bladder for one hour before the ultrasound appointment.

**Abdomen / Pelvis with Post Void**

Same preparation as **Abdomen / Doppler Abdomen & Renal Artery / Doppler Portal Vein**

**And** Drink 20 oz (3 cups) of water two hours before your ultrasound appointment, then stop voiding and drinking prior to your appointment, your bladder must be in a comfortable full state

**Pelvis / Transvaginal / Obstetrical**

Do not empty your bladder 2 hours before your appointment time, drink normally.

**Pelvis with Post Void**

Drink 20 oz (3 cups) of water one-two hours before your ultrasound appointment and do not empty your bladder prior to your appointment

**Doppler Renal Transplant – No prep**

**Lower Extremity and Carotid Doppler – No prep**

**Musculoskeletal (MSK) or Soft Tissue – No prep**

**Soft Tissue – No prep**

**Thyroid (Face and Neck) – No prep**

**Scrotum – No prep**

**Transrectal - You should have a fleet enema early morning before the exam**

**Renal/KUB (kidneys, ureters and bladder)/Limited Abdomen and Limited Pelvis (for nephrology and urology only):**

Drink normal and do not empty your bladder one hour before your appointment

**Instructions for thyroid biopsies, prostate biopsies and sonohysterograms are issued through the hospital**