Follow up Instructions for School Students, Staff and Visitors Tested for COVID-19

I went for COVID-19 testing. What's next?

- While waiting for your test result, stay home and self-isolate. Do not go to school or work.
- Check your test results at covid-19.ontario.ca by clicking on "check your lab results." Results can take a few days.
- Your household members (siblings, parents, roommates) who do NOT have symptoms can go to school or work **while waiting for your test results** as long as you are not a close contact of someone who had COVID-19. If any of your household members are children/teens in school they should complete the COVID-19 school screening daily.

If I test NEGATIVE for COVID-19, when can I return to school?	Household members without symptoms
I have symptoms but I have not been exposed to someone with COVID-19, and I have not travelled outside of Canada in the last 14 days: • Stay home and self-isolate. • You may go back to school once your symptoms have been improving* for 24 hours. • Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school if they don't have other symptoms.	• Self-monitor for symptoms. • Continue to attend school or work. • Children/teens who are in school should complete the COVID-19 school screening daily.
I have symptoms and have been exposed to someone with COVID-19: • Self-isolate for 14 days from the last day you were exposed to the positive case.	
I have symptoms after returning from travel outside of Canada in the last 14 days: • Self-isolate for 14 days from the date of return to Canada. • After 14 days, you may go back to school or work.	
I don't have symptoms, but have been exposed to someone with COVID-19: • Self-isolate for 14 days from day you were exposed to the positive case.	

If I test POSITIVE for COVID-19, when can I return to school?	Household members without symptoms
• Stay home and self-isolate for 10 days* after your symptoms started. • If you do not have symptoms, stay at home for 10 days* from the date you were tested. • Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school after the 10 days* if they don't have other symptoms. • Call your school, letting them know you tested positive for COVID-19. • Toronto Public Health will contact you with further instructions.	• Self-isolate for days and seek testing at an Assessment Centre within 14 days of last time you were with the person who tested positive.

* Self-isolate for 20 days if you were hospitalized and required ICU level care or have a severely weakened immune system (e.g. you are undergoing cancer chemotherapy).