

Essential Care Partners: What to do when you visit

We are very happy to welcome you as an **essential care partner** for one of our patients at Unity Health Toronto. Safety is our top priority. While you are in our hospital, we ask that you do 5 things to keep yourself, our patients, our staff and our communities safe.

If you do not follow these rules, you may be asked to leave the hospital. You may also lose your visiting privileges.

While you are inside the hospital:

- ✓ **Wear a mask:** Wear a mask at all times during your visit. Your mask should fully cover your nose, mouth and chin at all times.
- ✓ **Wash your hands:** Clean your hands with hand sanitizer:
 - when you come in to the hospital
 - during the visit – clean hands often
 - when you leave
- ✓ **Keep 2 metres or 6 feet away:** We strongly encourage you to keep a 2-metre or 6-foot distance from the patient and others in the hospital.
- ✓ **Stay with the patient:**
 - If you are visiting a unit, stay in the patient's room.
 - If you are coming to a clinic appointment with a patient, stay in the clinic.
 - Do not visit other areas of the building.
 - Staff will tell you which washrooms you can use.
- ✓ **You cannot go in and out of the hospital:** When your visit is over, exit the hospital directly. Do not stop in other areas of the hospital such as coffee shops, cafeterias or lounges.
- ✓ **Do not bring food or drinks:** We do not allow visitors to bring food and drinks at this time. We make an exception for food approved by the health-care team that is:
 - culturally required
 - necessary for the patient's care plan but not provided by Food Services